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Title 22@ Social Security

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Division 3@ Health Care Services

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Subdivision 1@ California Medical Assistance Program

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Chapter 5@ ADULT DAY HEALTH CARE

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Article 4@ SERVICES AND STANDARDS

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Section 54331@ Nutrition Service

54331 Nutrition Service

(a)

The nutrition service shall as a minimum: (1) Be staffed and equipped to assure that food provided to the participants is safe, appetizing and provides for nutritional needs. (2) Include dietary counseling and education as part of the nutrition service. (3) Provide at least one meal to each participant who is present for four hours. The meal shall provide one-third of the recommended dietary allowance of the Nutrition Board of the National Research Council, National Academy of Science. (4) Each participant who is in the center for eight hours shall be served a meal and between meal nourishments that shall supply at least one-half of the recommended dietary allowance of the Nutrition Board of the National Research Council, National Academy of Science.

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(b)

Participant food preferences, including ethnic foods shall be adhered to as much as possible.

(c)

Therapeutic diets shall be served as ordered and shall be prepared under the guidance of a registered dietitian. The diet order shall be reviewed every 90 days when the reassessment is done.

(d)

A dietitian shall be employed on a consulting basis. Consultant services shall be provided on the premises at appropriate times on a regularly scheduled basis. A written record of the frequency, nature and duration of the consultant's visits shall be maintained.

(e)

Sufficient staff shall be employed, oriented, trained and their working hours scheduled to provide for the nutritional needs of the participants and to maintain the service areas. If nutritional employees are assigned duties in other services, those duties shall not interfere with the sanitation, safety or time required for work assignments.